# Moral nursing leadership

nurse student perceptions and concept clarification on identity forming

## Introduction

Demand for nurses is high due to:

- an aging population
- nurses leaving their jobs

Moral leadership could be an important key to retain nurses. Knowledge of how these concepts relate and how students apprehend them ensure a better understanding which can benefit nursing curricula.

#### Aim

To explore the perceptions of bachelor students on the concepts of professional identity and moral nursing leadership and what this means for (bachelor) nursing education.

#### Method

Explorative qualitative study with nurse students during a workshop (8 pairs semi-structured in-depth interviews and 3 focusgroups).



Figure. Professional identity model - M. Ruijters (2019), Leadership - Crigger, N. & Godfrey (2014)

#### References

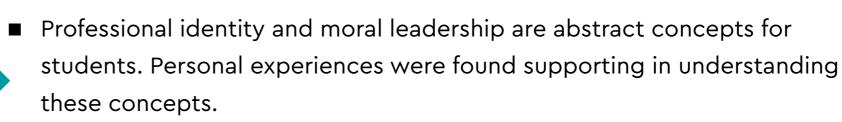
Crigger, N., & Godfrey, N. (2014). From the inside out: A new approach to teaching professional identity formation and professional ethics. Journal of Professional Nursing, 30, 376-382.

Ruijters, M. C. P. (Ed.). (2015). Je binnenste buiten. Over professionele identiteit in organisaties. Deventer: Vakmedianet. Verhaeghe, P. (2012). Identiteit. De Bezige Bij.

Nurs Philos, 22: e12343.

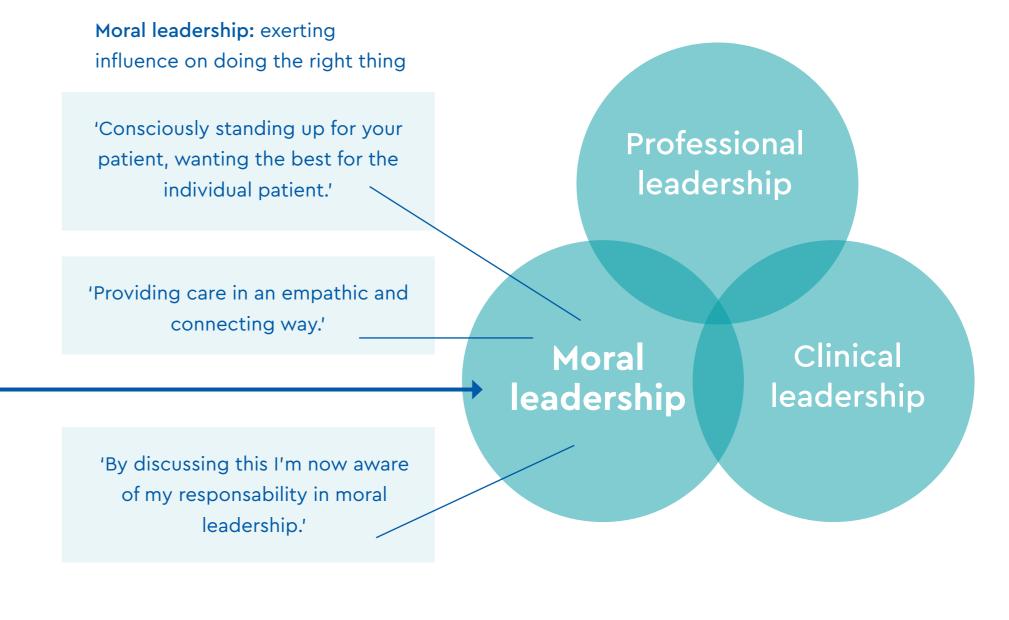
van der Cingel, M. and Brouwer, J. (2021), What makes a nurse today? A debate on the nursing professional identity and its need for change.

#### Results





- Professional identity is seen as the underlying concept of moral leadership.
- Students find self awareness, self reflection and person centred care important professional values for both professional identity and moral leadership.
- Students mentioned only major ethical themes, like euthanasia and palliative care.
- The influence of the learning/work setting was mentioned several times;
  - Student coaching during internship inhibited or stimulated the development of professional identity and moral leadership.
  - Reflecting with peers helped to apprehend the concepts for students.



## Conclusion and implications for practice

Professional values, such as self awareness, self reflection and person centred care are important drivers in developing nurses' professional identity and subsequently moral leadership.

Implication for education to form professional identity and moral leadership

- Use personal experiences to strengthen the comprehension
- Reflect in peer groups is essential to internalize professional values
- Focus on a safe and supportive learning environment
- Emphasize moral leadership in daily care



### **Acknowledgements**

- M. Adema (MSc)
- Professor dr. C.J.M van der Cingel

Professorship Nursing Leadership & Research NHL Stenden University of Applied Sciences/ Medical Center Leeuwarden Research Group Care & Wellbeing Leeuwarden, The Netherlands



Send an email to: vlogz@nhlstenden.com Or: myrthe.adema@nhlstenden.com



